

APPS

Information Sheet

Program Overview

The APPS for Employment program is designed to assist individuals with autism spectrum disorders (ASD) in exploring skills related to self-determination and employment readiness. Individuals will have the opportunity to participate in small group interactive learning and community-based employer worksite visits. As a result of participation in the APPS program, individuals will develop a map which will guide them on their path to successful employment.

The APPS program is a two week long assessment operating Monday through Thursday from 9 am to 3 pm. The APPS program will focus on identifying supports needed in order to be successful in a job training program or on-the-job training. While being assessed staff will be teaching skills related to self-determination (self-advocacy, decision making); career interests and skills (identify strengths/ skills, explore job market); work expectations and responsibilities (employer expectations, employee responsibilities); and job-readiness (programs, services, trainings) resulting in the creation of an individualized path for success.

Program Goals

Individuals participating in the APPS program will:

- Demonstrate an understanding of self-determination;
- Identify career interests and skills and explore employment options;
- Understand work expectations and responsibilities;
- Learn about job-readiness skills, programs and services;
- Create an individual map outlining a path for success.

Admission Criteria

- Documentation of an autism spectrum disorder (ASD)
- Transitioning youth who have **completed** high school requirements
- Participation in an interview with program staff prior to acceptance into the APPS program
- Able to participate and learn in all scheduled group program activities
- Have no acute medical, psychiatric, or behavioral needs requiring emergency, critical care or intensive interventions
- Are not in need of personal or intensive supervision