

Check-Ups and Treatment: Healthy Kids and EPSDT

What is EPSDT and why is it important for your child?

EPSDT stands for Early and Periodic Screening, Diagnosis and Treatment. It means that your child can go to the doctor for **Healthy Kids** check-ups. Every child needs check-ups (also called “well child” visits). EPSDT means that your child can get treatment if needed.

Federal law requires all states to provide EPSDT to children on Medicaid. The requirement is: Children and youth under age 21 have a right to periodic comprehensive health and developmental exams. Any medically necessary care recommended at any time by any licensed health care provider must be provided to the child or youth.

Who can get check-ups and treatment?

EPSDT covers all babies, children, and youth up to 21 years old in all of the parts of Medical Assistance/Medicaid and MCHP.

Call **1-800-284-4510** if you have questions or need help getting appointments for check-ups or follow-up treatment.

What if your child needs treatment?

EPSDT means that your child can get whatever health care is needed to stay healthy or get better when sick.

In the Healthy Kids check-up the doctor will look for any problems. If problems are found or there are concerns, your child will be able to get the services he or she needs from specialists, therapists, or other providers (such as private duty nurses or therapeutic behavioral aides).

Health care can include treatment to correct or improve any physical health, mental health, or developmental conditions.

What should I expect from a Healthy Kids check-up?

- Unclothed Physical Exam
- Developmental Screening
- Mental Health Screening
- Lead Testing (At ages 12 months and 24 months)
- Vision Screening (Checks if your child needs eyeglasses)
- Hearing Screening (Checks if your child needs hearing aids)
- Immunizations/Shots
 - Ask your doctor if your child's shots are up-to-date
 - Call 1-800-284-4510 for a complete list of shots.
- Dental/Oral Health Screening (Children over 2 can see a dentist every 6 months)
- Health Education
 - Understand your child's development
 - Promote healthy lifestyles
 - Prevent accidents and diseases
- Laboratory Tests (For example, blood tests)

When should your child get Healthy Kids check-ups?

- Birth to 1 year old: 7 times a year
- 1 to 2 years old: 3 times a year
- 3 to 21 years old: At least once a year