I need help with something.....

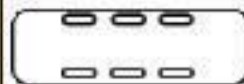|					
head	up	fix my pillow	bathroom	TV remote	nurse call button
feet	down	Please wash & change me.	blanket	glasses	clean glasses
turn lights on	turn lights off	open/close curtains	telephone	listen to music	doctor
lip balm	lotion	eye drops	wash my face	sit in the chair	go to bed
stop	that's okay	thank you	Get me off this board!!!	leave me alone	don't leave