



The Puzzle Pieces Of Autism

By: Justin Birkelien, Brother of an
Autism person



What to do when you first learn that your sibling has Autism

- 1. Don't do anything yet. Wait till your sibling grows older such as four years of age.
- 2. Once your sibling is four years, give him/her comfort unless they hate hugs or being touched. Tell your parents immediately if they hate doing so.
- 3. If your sibling hates being touched just comfort him/her by giving them toys.

If you feel down because you aren't getting attention, Read This

- 1. Your parents still care about you. If you have days of school that you have off, but your sibling has school, Your parents will go all hugs and attention on you. They are your parents. What do you expect?!
- 2. Even if your parents don't give you attention, you still have aunts and uncles!!!

How you are special too

- You are special! You probably don't know it, but your sibling has Autism so that makes you special and experienced and skilled because you have been with your sibling and learned a lot! EVERYONE WHO HAS A SIBLING WITH AUTISM IS SPECIAL!!!

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