

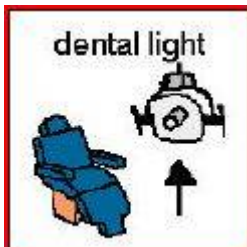
Tomorrow Heidi is going to the dentist.



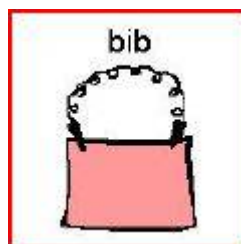
Heidi can lie down in the dentists chair which goes up and down. Lying down in the dentist chair is lots of fun



The dentist will turn a bright light on to help look inside Heidi's mouth. Heidi can wear sunglasses to stop the bright light hurting her eyes. Wearing sunglasses is lots of fun too.



Heidi will get to wear a special dentist bib while she is lying down in the dentist chair. Wearing the special dentist bib is fun too.

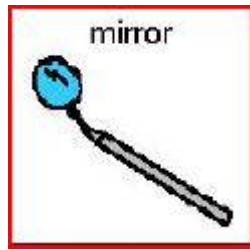


The dentist will look inside Heidi's mouth with a mirror. The dentist might poke and touch Heidi's teeth. This could tickle. Tickles are fun too.

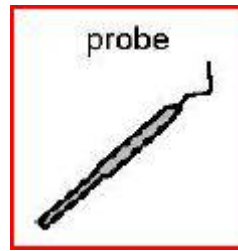
giggle



mirror



probe

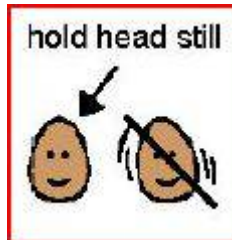


Heidi will need to keep her mouth wide open and hold her head still while the dentist is looking in her mouth. Heidi can say "Ahhhh" like when we brush our teeth at home. Saying "Ahhhh" is fun.

count teeth



hold head still



Heidi can hold Mummy's hand or squeeze her squeazy cheese toy when she is lying in the dentist chair. Heidi can cuddle blankie too. Mummy likes holding Heidi's hand, it is fun.

hold hands



If Heidi does not like the tickles in her mouth from the dentist then Heidi can hold up her hand to say stop.

giggle



stop please



After the dentist is finished Heidi will get a new toothbrush.

electric toothbrush



Going to the dentist is fun.

happy

