My Visit to the Dentist

Social Story

Instructions: Read the social story with your child to learn the routine. Your child may also read the story independently.



Today I am going to the dentist. My family and I will walk into a tan building.



The dentist helps keep my teeth clean and healthy.



I will check in at the front desk.



I will have a seat in the waiting room. There are toys there for me to play with.



When my name is called I will walk through a door and follow my helper to a special room.



My helper will say Hi to me and ask me to sit down in the chair.



It will move and lean back. I have to sit still so my helper can look at my teeth.



She wears a mask, gloves, and glasses to get ready to look at my teeth.



My helper will check my teeth with special instruments.



I will open my mouth for her to see.



She will count my teeth then tickle them with her special toothbrush.



After the fronts and backs are clean she will floss to get inbetween.



When that is done we will use my new toothbrush to brush on fluoride vitamins.



After I did such a good job, the dentist will come check my teeth.



When I am all done I get to pick one prize and two stickers.



I did such a great job at the dentist, and now it is time to leave!